

SAS

AAU Basketball Club

Pre-K – 12TH Boys and Girls
Come Join Our Teams

SAS - Sac Area Sports is forming youth basketball teams for the 2008-2009 AAU Season. With over 12 years experience, SAS is the leader in AAU Boys & Girls Basketball in Northern California. Experienced coaching will teach athletes the fundamentals of the game.

1. Youth Basketball Leagues (Boys & Girls Pre-K to 8th grades)

Players are now signing up for the SAS Winter Basketball Leagues for all skill levels. Games are played on Saturdays with one practice per week. **K-2, 3rd-8th,**

- **Mini League** (Pre-K – 2nd) Weekly Skills Clinic, Practice and Games all on Saturdays
- **Elementary League** (3rd - 4th and 5th - 6th) One practice during the week Games on Saturdays
- **Middle School League** (7th – 8th) One practice during the week Games on Saturdays

2. Basketball Skills Academy (Boys and Girls 3rd to 12th grades)

The Skills Academy will focus more on skills training and individual fundamentals by coaches one or two days a week.

- * **A.A.U. Team Placement** * **Individual Skills Instruction**
- 1 session per week or 2 sessions per week

3. A.A.U. Teams (Boys and Girls Teams Grades 3rd to 12th)

SAS – is holding AAU team tryouts for all levels. The teams practice weekly and participate in AAU tournaments. Teams will also play in AAU district national qualifying tournaments. These tournaments give players the highest level of competition in the Sacramento area.

- * **Tournaments** * **Weekly Practices** * **Individual Skill Development**

For More Information go to:
WWW.SACAREASPORTS.NET
or call: (530) 363-0007